

1. Mouton A, Goedhals-Gerber LL, De Bod A. Operational Management of Truck Driver Fatigue: A Systematic Review. Sustainability. 2025 Oct 31;17(21):9701.
<https://www.mdpi.com/2071-1050/17/21/9701>
2. Nazari SS, Moradi A, Rahmani K. A systematic review of the effect of various interventions on reducing fatigue and sleepiness while driving. Chinese journal of traumatology. 2017 Oct 1;20(5):249-58.
<https://pubmed.ncbi.nlm.nih.gov/28689801/>
3. <https://road-safety.transport.ec.europa.eu/system/files/2021-07/fatigue.pdf>
4. Ajayi OO, Kurien AM, Djouani K, Dieng L. A Multimodal Systematic Review of Drivers' Fatigue Detection Methodologies, Datasets, and Models. IEEE Access. 2025 Sep 8.
<https://ieeexplore.ieee.org/abstract/document/11153487>
5. Kolus A. A systematic review on driver drowsiness detection using eye activity measures. Ieee Access. 2024 Jul 8;12:97969-93.
<https://ieeexplore.ieee.org/abstract/document/10587239>
6. Lu K, Dahlman AS, Karlsson J, Candefjord S. Detecting driver fatigue using heart rate variability: A systematic review. Accident Analysis & Prevention. 2022 Dec 1;178:106830.
<https://pubmed.ncbi.nlm.nih.gov/36155280/>
7. Sadeghniaat-Haghighi K, Yazdi Z, Kazemifar AM. Sleep quality in long haul truck drivers: A study on Iranian national data. Chinese journal of traumatology. 2016 Aug 1;19(04):225-8.
<https://pubmed.ncbi.nlm.nih.gov/27578380/>
8. Tabrizi R, Moosazadeh M, Razzaghi A, Akbari M, Heydari ST, Kavari SH, Mani A, Kazemi M, Lankarani KB. Prevalence of sleep quality disorder among Iranian drivers: a

systematic review and meta-analysis. Journal of injury and violence research. 2018 Jan;10(1):53.

<https://pubmed.ncbi.nlm.nih.gov/29362294/>

9. Saleem S. Risk assessment of road traffic accidents related to sleepiness during driving: a systematic review. Eastern Mediterranean health journal. 2022 Sep 1;28(9).

<https://pubmed.ncbi.nlm.nih.gov/36205209/>

10. Karimi A. The role of high-risk behaviors, fatigue, and drowsiness in the occurrence of road accidents and near miss accidents among tehran truck drivers in 2019. Journal of Occupational Health and Epidemiology. 2021 Jan 1.

<https://johe.rums.ac.ir/>

11. Moradi A, Nazari SS, Rahmani K. Sleepiness and the risk of road traffic accidents: A systematic review and meta-analysis of previous studies. Transportation research part F: traffic psychology and behaviour. 2019 Aug 1;65:620-9.

<https://www.sciencedirect.com/science/article/abs/pii/S1369847817306290>